



Helping Hands: Therapy Service Careers

How do occupational therapists, physical therapists, respiratory therapists and athletic trainers approach treatment plans and preventative care? This session will zero in on the different roles therapists have, basic treatment plans, and preventative care techniques. This event will cover health science standard TS-4.0.

Event Date & Time:

April 12, 2021

10:00 AM - 10:30 AM

Partners: Iowa Association of Business and Industry Foundation & Hawkeye Community College

Event Components:

Short demonstration of one exercise related to each of the therapies.

Questions for the Panelists:

1. What is a common injury/illness you encounter with patients and what is a treatment commonly used?
2. What education and training are required for your field of therapy? How many years of study are required?
3. How has your therapy field changed since you first entered in the career path?
4. What personality traits and skills are important for success in your therapy field?

Service Area:

Health Sciences

Audience:

9th - 12th Grade Health Sciences Students

Students in grades 5-14 interested in careers in health sciences and therapy services

Middle School Exploratory Health and Careers Class

State Standards Covered:

Health Science: Therapeutic Services

- TS-4.0 -Treatment Planning and Implementation: Therapeutic services professionals will understand the general purpose and components of the

treatment plan. They will collaborate in planning procedures according to facility protocol and regulatory guidelines. They will understand how these procedures support the goals and objectives of the treatment plan of the patient or other client and implement the procedures within their scope of practice.

Example Assessments:

- Evaluate the suggested exercises and what treatments they are used for. Research how the treatment assists with recovery for the injury/illness identified. Make note of the technical language and look up the definitions to any unknown terms.
- Compare the different careers presented to learn more about types of therapies you are interested in.

Career Exploration Assignment

Date: _____

Student Name: _____

Instructions: Using O*Net OnLine to complete your research, select two therapy careers for an in-depth exploration.

Career 1: _____ Career 2: _____

Compare *How are these careers similar?	Contrast *How are these careers different?

In the workplace, **soft skills** are how we interact with and get along with others. A few examples of soft skills are working well in teams, getting tasks done on time, showing up to work on time, and communicating clearly with others. List 2-3 soft skills needed for each career and why each is important to the workplace?