



Helping Others: Counseling and Mental Health

Panel of professionals working in Teen Centers, Addiction/Recovery Centers share about their careers and how different industry partners work together to support teens who are struggling.

Service Area:

Family Consumer Sciences/Human Services

Audience:

Human Services Classes Covering Topics On: Relationships, Counseling and Mental Health, or Child Development

State Standards Covered:

- 1.1 Analyze career paths within human service industries. (related to human service)
- 2.2 Demonstrate transferable knowledge, attitudes, and technical and employability skills in school, community and workplace settings.
- 10.0 Synthesize knowledge, skills, and practices required for careers in family & human services.

Panel Discussion Questions:

1. Describe your career title, typical responsibilities, and organization you work for.
2. What is the most rewarding component of your career path?
3. How did you land in this field?
4. What advice would you provide for individuals interested in this career path?

Possible Assessment Used:

FCS Educators: Use the curriculum from The Curriculum Center for Family and Consumer Sciences-Family and Community Services. Complete lessons in Topic 2: Unit 2- Employment and Entrepreneurial Opportunities.